

**For best results use alongside with our CCE 6 months Package**

| Date                     | Section               | Topics to cover   | Possible resources                      |
|--------------------------|-----------------------|---|---|
| Day 1<br>120 days to go  | General Part 1        | General CCE case overview<br>3 domains: Data gathering/history, Interpersonal & Clinical Management | GPICCE Audio- Video Books<br>Flashcards |
| Day 2<br>119 days to go  | General Part 2        | Telephone Case, Video Case Emergency (including ABCDE approach), Admission, Urgent referral         | GPICCE Audio- Video Books<br>Flashcards |
| Day 3<br>118 days to go  | General Part 3        | Relative, Colleague, Talkative Patient, Multiple Agenda Patient, Breaking Bad News                  | GPICCE Audio- Video Books<br>Flashcards |
| Day 4<br>117 days to go  | General Part 4        | Patient emotion: Angry, Embarrassed, Demanding, Blasé, Refusing medical advice                      | GPICCE Audio- Video Books<br>Flashcards |
| Day 5<br>116 days to go  | General Part 5        | Health Promotion/Counselling, Poor compliance, Teaching, Prescribing, Complaint                     | GPICCE Audio- Video Books<br>Flashcards |
| Day 6<br>115 days to go  | Catch Up Day Part 1   | Revision days 1-5<br>Case practice  | GPICCE Audio- Video Books<br>Flashcards |
| Day 7<br>114 days to go  | Cardiovascular Part 1 | Chest pain, Post MI, Palpitations   | GPICCE Audio- Video Books<br>Flashcards |
| Day 8<br>113 days to go  | Cardiovascular Part 2 | Atrial Fibrillation, Heart Failure, Hypertension  | GPICCE Audio- Video Books<br>Flashcards |
| Day 9<br>112 days to go  | Cardiovascular Part 3 | CVD Risk & Lipids, Intermittent Claudication, Swollen Calf, Varicose Veins                          | GPICCE Audio- Video Books<br>Flashcards |
| Day 10<br>111 days to go | Dermatology Part 1    | Rash, Itching, Acne   | GPICCE Audio- Video Books<br>Flashcards |
| Day 11<br>110 days to go | Dermatology Part 2    | Eczema, Psoriasis, Moles  | GPICCE Audio- Video Books<br>Flashcards |
| Day 12<br>109 days to go | Catch-up Day Part 2   | Revision days 7-11<br>Case practice   | GPICCE Audio- Video Books<br>Flashcards |
| Day 13<br>108 days to go | Endocrine Part 1      | New Diabetes, Raised HbA1C, Poor Control, Hypoglycaemia   | GPICCE Audio- Video Books<br>Flashcards |
| Day 14<br>107 days to go | Endocrine Part 2      | Neck Swelling, Hypothyroid, Hyperthyroid  | GPICCE Audio- Video Books<br>Flashcards |
| Day 15<br>106 days to go | Endocrine Part 3      | Gynaecomastia, 'Tired all the time', Weight Gain  | GPICCE Audio- Video Books<br>Flashcards |
| Day 16<br>105 days to go | Haematology Part 1    | Anaemia, Bruising   | GPICCE Audio- Video Books<br>Flashcards |
| Day 17<br>104 days to go | ENT Part 1            | Epistaxis, Sore Throat, Suspected ENT Cancer  | GPICCE Audio- Video Books<br>Flashcards |
| Day 18<br>103 days to go | ENT Part 2            | Ear Pain, Tinnitus, Hearing Loss, Dizziness   | GPICCE Audio- Video Books<br>Flashcards |
| Day 19<br>102 days to go | Men's Health Part 1   | LUTS, PSA Test  | GPICCE Audio- Video Books<br>Flashcards |
| Day 20<br>101 days to go | Men's Health Part 2   | Erectile Dysfunction, Testicular problems   | GPICCE Audio- Video Books<br>Flashcards |

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| Date                     | Section                    | Topics to cover   | Possible resources                       |
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| Day 21<br>100 days to go | Catch-up Day Part 3        | Revision days 13-20<br>Case practice                    | GPI CCE Audio- Video Books<br>Flashcards |
| Day 22<br>99 days to go  | Gastroenterology<br>Part 1 | Abdominal pain, Loose stool, Constipation               | GPI CCE Audio- Video Books<br>Flashcards |
| Day 23<br>98 days to go  | Gastroenterology<br>Part 2 | IBS, Rectal bleeding, Colorectal Cancer                 | GPI CCE Audio- Video Books<br>Flashcards |
| Day 24<br>97 days to go  | Gastroenterology<br>Part 3 | Mouth Ulcers, Dyspepsia, Upper GI Cancer                | GPI CCE Audio- Video Books<br>Flashcards |
| Day 25<br>96 days to go  | Gastroenterology<br>Part 4 | Abnormal LFTs, Jaundice, Weight Loss                    | GPI CCE Audio- Video Books<br>Flashcards |
| Day 26<br>95 days to go  | Musculoskeletal<br>Part 1  | Joint pain, Joint swelling<br>Joint examination         | GPI CCE Audio- Video Books<br>Flashcards |
| Day 27<br>94 days to go  | Musculoskeletal<br>Part 2  | Back pain, Neck pain, Shoulder pain, Arm/wrist problems | GPI CCE Audio- Video Books<br>Flashcards |
| Day 28<br>93 days to go  | Musculoskeletal<br>Part 3  | Hip problems, Knee problems, Foot/ankle problems        | GPI CCE Audio- Video Books<br>Flashcards |
| Day 29<br>92 days to go  | Musculoskeletal<br>Part 4  | Osteoarthritis, Osteoporosis                            | GPI CCE Audio- Video Books<br>Flashcards |
| Day 30<br>91 days to go  | Catch-up Day Part 4        | Revision days 22-29<br>Case practice                    | GPI CCE Audio- Video Books<br>Flashcards |
| Day 31<br>90 days to go  | Neurology Part 1           | Headache, Seizure, Tremor                               | GPI CCE Audio- Video Books<br>Flashcards |
| Day 32<br>89 days to go  | Neurology Part 2           | Limb weakness, Stroke, TIA                              | GPI CCE Audio- Video Books<br>Flashcards |
| Day 33<br>88 days to go  | Neurology Part 3           | Parkinsonism, Head injury, Falls                        | GPI CCE Audio- Video Books<br>Flashcards |
| Day 34<br>87 days to go  | Ophthalmology Part 1       | Red eye, Painful eye, Gradual vision loss               | GPI CCE Audio- Video Books<br>Flashcards |
| Day 35<br>86 days to go  | Respiratory Part 1         | URTI, Cough, Chest infection                            | GPI CCE Audio- Video Books<br>Flashcards |
| Day 36<br>85 days to go  | Respiratory Part 2         | Asthma, COPD, Acute SOB                                 | GPI CCE Audio- Video Books<br>Flashcards |
| Day 37<br>84 days to go  | Respiratory Part 3         | Snoring/OSA, Smoking, Lung Cancer                       | GPI CCE Audio- Video Books<br>Flashcards |
| Day 38<br>83 days to go  | Catch-up Day Part 5        | Revision days 31-37<br>Case practice                    | GPI CCE Audio- Video Books<br>Flashcards |
| Day 39<br>82 days to go  | Paediatrics Part 1         | Under 16 Case in general, Paediatric behaviour change   | GPI CCE Audio- Video Books<br>Flashcards |
| Day 40<br>81 days to go  | Paediatrics Part 2         | Enuresis, Childhood Limp, NAI/Safeguarding              | GPI CCE Audio- Video Books<br>Flashcards |

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| Day 41<br>80 days to go | Renal Part 1               | GFR drop, AKI, CKD  | GPI CCE Audio- Video Books<br>Flashcards |
| Day 42<br>79 days to go | Psychiatry Part 1          | Low mood, Anxiety   | GPI CCE Audio- Video Books<br>Flashcards |
| Day 43<br>78 days to go | Psychiatry Part 2          | Confusion, Memory loss, Psychosis   | GPI CCE Audio- Video Books<br>Flashcards |
| Day 44<br>77 days to go | Psychiatry Part 3          | PTSD, Insomnia, Eating disorders  | GPI CCE Audio- Video Books<br>Flashcards |
| Day 45<br>76 days to go | Renal Part 1               | Vaginal discharge, STI  | GPI CCE Audio- Video Books<br>Flashcards |
| Day 46<br>75 days to go | Substance Abuse Part 1     | Alcohol, Opiate Abuse   | GPI CCE Audio- Video Books<br>Flashcards |
| Day 47<br>74 days to go | Catch-up Day 6             | Revision days 39-46<br>Case practice  | GPI CCE Audio- Video Books<br>Flashcards |
| Day 48<br>73 days to go | Women's Health Part 1      | Contraception request (general), OCP request, Missed Pill, Emergency contraception  | GPI CCE Audio- Video Books<br>Flashcards |
| Day 49<br>72 days to go | Women's Health Part 2      | Period change, Menorrhagia, Irregular Periods   | GPI CCE Audio- Video Books<br>Flashcards |
| Day 50<br>71 days to go | Women's Health Part 3      | Menopause, Infertility, Breast Lump   | GPI CCE Audio- Video Books<br>Flashcards |
| Day 51<br>70 days to go | Women's Health Part 4      | New pregnancy, Antenatal screening, Termination   | GPI CCE Audio- Video Books<br>Flashcards |
| Day 52<br>69 days to go | Women's Health Part 5      | Abdominal pain in Pregnancy, Suspected, Urinary Incontinence  | GPI CCE Audio- Video Books<br>Flashcards |
| Day 53<br>68 days to go | Miscellaneous Cases Part 1 | Fever, Domestic Violence, Adult Safeguarding  | GPI CCE Audio- Video Books<br>Flashcards |
| Day 54<br>67 days to go | Miscellaneous Cases Part 2 | Social Acoria, Palliative Care, Genetics cases  | GPI CCE Audio- Video Books<br>Flashcards |
| Day 55<br>66 days to go | Miscellaneous Cases Part 3 | Learning difficulty cases, Travel scenarios, Ethical scenarios  | GPI CCE Audio- Video Books<br>Flashcards |
| Day 56<br>65 days to go | Catch-up Day 7             | Revision days 48-55<br>Case practice  | GPI CCE Audio- Video Books<br>Flashcards |
| Day 57<br>64 days to go | General 6                  | Revision: General CCE case overview<br>3 domains: Data gathering/history, Interpersonal & Clinical Management                   | GPI CCE Audio- Video Books<br>Flashcards |
| Day 58<br>63 days to go | General 7                  | Revision: Case types: Telephone Case, Video Case Urgent Cases: Emergency (including ABCDE approach), Admission, Urgent referral | GPI CCE Audio- Video Books<br>Flashcards |
| Day 59<br>62 days to go | General 8                  | Revision: 3rd Party Cases: Relative, Colleague Situations: Talkative Patient, Multiple Agenda Patient, Breaking Bad News        | GPI CCE Audio- Video Books<br>Flashcards |
| Day 60<br>61 days to go | General 9                  | Revision: Patient emotion: Angry, Embarrassed, Demanding, Blasé, Refusing medical advice  | GPI CCE Audio- Video Books<br>Flashcards |

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| Day 61<br>60 days to go | General Part 10         | Revision: Health Promotion/Counselling, Poor compliance, Teaching, Prescribing, Complaint | GPI CCE Audio- Video<br>Books Flashcards |
| Day 62<br>59 days to go | Catch Up Day 8          | Revision days 57-61<br>Case practice  | GPI CCE Audio- Video<br>Books Flashcards |
| Day 63<br>58 days to go | Cardiovascular Part 4   | Revision: Chest pain, Post MI, Palpitations   | GPI CCE Audio- Video<br>Books Flashcards |
| Day 64<br>57 days to go | Cardiovascular Part 5   | Revision: Atrial Fibrillation, Heart Failure, Hypertension                                | GPI CCE Audio- Video<br>Books Flashcards |
| Day 65<br>56 days to go | Cardiovascular 6        | Revision: CVD Risk & Lipids, Intermittent Claudication, Swollen Calf, Varicose Veins      | GPI CCE Audio- Video<br>Books Flashcards |
| Day 66<br>55 days to go | Dermatology Part 3      | Revision: Rash, Itching, Acne   | GPI CCE Audio- Video<br>Books Flashcards |
| Day 67<br>54 days to go | Dermatology Part 4      | Revision: Eczema, Psoriasis, Moles  | GPI CCE Audio- Video<br>Books Flashcards |
| Day 68<br>53 days to go | Catch-up Day 9          | Revision days 63-67<br>Case practice  | GPI CCE Audio- Video<br>Books Flashcards |
| Day 69<br>52 days to go | Endocrine Part 4        | Revision: New Diabetes, Raised HbA1C, Poor Control, Hypoglycaemia                         | GPI CCE Audio- Video<br>Books Flashcards |
| Day 70<br>51 days to go | Endocrine Part 5        | Revision: Neck Swelling, Hypothyroid, Hyperthyroid  | GPI CCE Audio- Video<br>Books Flashcards |
| Day 71<br>50 days to go | Endocrine 6             | Revision: Gynaecomastia, 'Tired all the time', Weight Gain                                | GPI CCE Audio- Video<br>Books Flashcards |
| Day 72<br>49 days to go | Haematology Part 2      | Revision: Anaemia, Bruising   | GPI CCE Audio- Video<br>Books Flashcards |
| Day 73<br>48 days to go | ENT Part 3              | Revision: Epistaxis, Sore Throat, Suspected ENT Cancer                                    | GPI CCE Audio- Video<br>Books Flashcards |
| Day 74<br>47 days to go | ENT Part 4              | Revision: Ear Pain, Tinnitus, Hearing Loss, Dizziness                                     | GPI CCE Audio- Video<br>Books Flashcards |
| Day 75<br>46 days to go | Men's Health Part 3     | Revision: LUTS, PSA Test  | GPI CCE Audio- Video<br>Books Flashcards |
| Day 76<br>45 days to go | Men's Health Part 4     | Revision: Erectile Dysfunction, Testicular problems                                       | GPI CCE Audio- Video<br>Books Flashcards |
| Day 77<br>44 days to go | Catch-up Day Part 10    | Revision days 69-76<br>Case practice  | GPI CCE Audio- Video<br>Books Flashcards |
| Day 78<br>43 days to go | Gastroenterology Part 5 | Revision: Abdominal pain, Loose stool, Constipation                                       | GPI CCE Audio- Video<br>Books Flashcards |
| Day 79<br>42 days to go | Gastroenterology 6      | Revision: IBS, Rectal bleeding, Colorectal Cancer   | GPI CCE Audio- Video<br>Books Flashcards |
| Day 80<br>41 days to go | Gastroenterology 7      | Revision: Mouth Ulcers, Dyspepsia, Upper GI Cancer  | GPI CCE Audio- Video<br>Books Flashcards |

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| Day 81<br>40 days to go  | Gastroenterology<br>8     | Revision: Abnormal LFTs, Jaundice, Weight Loss                    | GPI CCE Audio- Video Books<br>Flashcards |
| Day 82<br>39 days to go  | Musculoskeletal<br>Part 5 | Revision: Joint pain, Joint swelling, Joint examination           | GPI CCE Audio- Video Books<br>Flashcards |
| Day 83<br>38 days to go  | Musculoskeletal<br>6      | Revision: Back pain, Neck pain, Shoulder pain, Arm/wrist problems | GPI CCE Audio- Video Books<br>Flashcards |
| Day 84<br>37 days to go  | Musculoskeletal<br>7      | Revision: Hip problems, Knee problems, Foot/ankle problems        | GPI CCE Audio- Video Books<br>Flashcards |
| Day 85<br>36 days to go  | Musculoskeletal<br>8      | Revision: Osteoarthritis, Osteoporosis                            | GPI CCE Audio- Video Books<br>Flashcards |
| Day 86<br>35 days to go  | Catch-up Day Part 11      | Revision days 78-85<br>Case practice                              | GPI CCE Audio- Video Books<br>Flashcards |
| Day 87<br>34 days to go  | Neurology Part 4          | Revision: Headache, Seizure, Tremor                               | GPI CCE Audio- Video Books<br>Flashcards |
| Day 88<br>33 days to go  | Neurology Part 5          | Revision: Limb weakness, Stroke, TIA                              | GPI CCE Audio- Video Books<br>Flashcards |
| Day 89<br>32 days to go  | Neurology 6               | Revision: Parkinsonism, Head injury, Falls                        | GPI CCE Audio- Video Books<br>Flashcards |
| Day 90<br>31 days to go  | Ophthalmology Part 2      | Revision: Red eye, Painful eye, Gradual vision loss               | GPI CCE Audio- Video Books<br>Flashcards |
| Day 91<br>30 days to go  | Respiratory Part 4        | Revision: URTI, Cough, Chest infection                            | GPI CCE Audio- Video Books<br>Flashcards |
| Day 92<br>29 days to go  | Respiratory Part 5        | Revision: Asthma, COPD, Acute SOB                                 | GPI CCE Audio- Video Books<br>Flashcards |
| Day 93<br>28 days to go  | Respiratory 6             | Revision: Snoring/OSA, Smoking, Lung Cancer                       | GPI CCE Audio- Video Books<br>Flashcards |
| Day 94<br>27 days to go  | Catch-up Day Part 12      | Revision days 87-93<br>Case practice                              | GPI CCE Audio- Video Books<br>Flashcards |
| Day 95<br>26 days to go  | Paediatrics Part 3        | Revision: Under 16 Case in general, Paediatric behaviour change   | GPI CCE Audio- Video Books<br>Flashcards |
| Day 96<br>25 days to go  | Paediatrics Part 4        | Revision: Enuresis, Childhood Limp, NAI/Safeguarding              | GPI CCE Audio- Video Books<br>Flashcards |
| Day 97<br>24 days to go  | Renal Part 2              | Revision: GFR drop, AKI, CKD                                      | GPI CCE Audio- Video Books<br>Flashcards |
| Day 98<br>23 days to go  | Psychiatry Part 4         | Revision: Low mood, Anxiety                                       | GPI CCE Audio- Video Books<br>Flashcards |
| Day 99<br>22 days to go  | Psychiatry Part 5         | Revision: Confusion, Memory loss, Psychosis                       | GPI CCE Audio- Video Books<br>Flashcards |
| Day 100<br>21 days to go | Psychiatry 6              | Revision: PTSD, Insomnia, Eating disorders                        | GPI CCE Audio- Video Books<br>Flashcards |

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| Day 101<br>20 days to go | Renal Part 2               | Revision: Vaginal discharge, STI   | GPI CCE Audio- Video Books<br>Flashcards |
| Day 102<br>19 days to go | Substance Abuse Part 2     | Revision: Alcohol, Opiate Abuse  | GPI CCE Audio- Video Books<br>Flashcards |
| Day 103<br>18 days to go | Catch-up Day Part 13       | Revision days 95-102<br>Case practice  | GPI CCE Audio- Video Books<br>Flashcards |
| Day 104<br>17 days to go | Women's Health 6           | Revision: Contraception request (general), OCP request, Missed Pill, Emergency contraception | GPI CCE Audio- Video Books<br>Flashcards |
| Day 105<br>16 days to go | Women's Health 7           | Revision: Period change, Menorrhagia, Irregular Periods                                      | GPI CCE Audio- Video Books<br>Flashcards |
| Day 106<br>15 days to go | Women's Health 8           | Revision: Menopause, Infertility, Breast Lump  | GPI CCE Audio- Video Books<br>Flashcards |
| Day 107<br>14 days to go | Women's Health 9           | Revision: New pregnancy, Antenatal screening, Termination                                    | GPI CCE Audio- Video Books<br>Flashcards |
| Day 108<br>13 days to go | Women's Health Part 10     | Revision: Abdominal pain in Pregnancy, Suspected UTI, Urinary Incontinence                   | GPI CCE Audio- Video Books<br>Flashcards |
| Day 109<br>12 days to go | Miscellaneous Cases Part 4 | Revision: Fever, Domestic Violence, Adult Safeguarding                                       | GPI CCE Audio- Video Books<br>Flashcards |
| Day 110<br>11 days to go | Miscellaneous Cases Part 5 | Revision: Social Acacia, Palliative Care, Genetics cases                                     | GPI CCE Audio- Video Books<br>Flashcards |
| Day 111<br>10 days to go | Miscellaneous Cases 6      | Revision: Learning difficulty cases, Travel scenarios, Ethical scenarios                     | GPI CCE Audio- Video Books<br>Flashcards |
| Day 112<br>9 days to go  | Practice Day               | Revision days 120-100 and Continue Mocks   | GPI CCE Audio- Video Books<br>Flashcards |
| Day 113<br>8 days to go  | Practice Day               | Revision days 99-80 and Continue Mocks   | GPI CCE Audio- Video Books<br>Flashcards |
| Day 114<br>7 days to go  | Practice Day               | Revision days 79-60 and Continue Mocks   | GPI CCE Audio- Video Books<br>Flashcards |
| Day 115<br>6 days to go  | Practice Day               | Revision days 59-40 and Continue Mocks   | GPI CCE Audio- Video Books<br>Flashcards |
| Day 116<br>5 days to go  | Practice Day               | Revision days 39-20 and Continue Mocks   | GPI CCE Audio- Video Books<br>Flashcards |
| Day 117<br>4 days to go  | Practice Day               | Revision days 19-1 and Continue Mocks  | GPI CCE Audio- Video Books<br>Flashcards |
| Day 118<br>3 days to go  | Practice Day               | Continue Mocks   | GPI CCE Audio- Video Books<br>Flashcards |
| Day 119<br>2 days to go  | Practice Day               | Continue Mocks   | GPI CCE Audio- Video Books<br>Flashcards |
| Day 120<br>1 day to go   | Practice Day               | Continue Mocks   | GPI CCE Audio- Video Books<br>Flashcards |

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